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**Therapeutic Contract**

This contract regulates the terms of cooperation between the client (hereinafter referred to as the client) and the therapist in accordance with the Civil Code, specifically the definition of health care. It protects the relationship between the client and the therapist as well as their personal rights. It may be terminated by mutual agreement or unilaterally, but the terms agreed upon in it remain valid even after termination.

# **General conditions**

1. Therapeutic sessions take place at regular intervals, ideally once a week or once every 14 days. A lower frequency is possible, but it does not allow for a deeper therapeutic process to begin; it is more of an occasional consultation. A special agreement applies to the summer months (July–August).
2. Consultations last 50 minutes, unless otherwise agreed.
3. The client and therapist usually arrange the consultation date one week in advance.
4. The client pays by bank transfer before or within 24 hours after the consultation.
5. The appointment can be canceled without financial compensation 24 hours before it takes place, except in the case of sudden illness or exceptional circumstances. If the client fails to meet this deadline, they pay the full amount. If the therapist fails to meet this deadline, they are obliged to provide the next appointment free of charge.

6) Any changes to the contract must be agreed upon by both parties.

# **Therapist's obligations**

As a therapist, I offer professional conduct in accordance with the usual ethical standards in the field (ČAP code of ethics). I guarantee discretion, i.e., I will not disclose information about the therapy and the client to third parties. However, I may use it for professional consultation or supervision, without identifying details.

# **Client's obligations**

As a therapist, I expect the client to undergo therapy voluntarily, of their own accord and in the interest of their personal growth. I also expect that no other therapeutic relationship will be established during the course of this therapy and that I will be informed about the health services or health care that the client uses.

**Therapy goals**

The goals of therapy are agreed upon at the first meeting and may be revised repeatedly during the course of therapy in mutual cooperation.

**Pricing**

According to the current price list on the website www.martin-zemla.cz. The client pays the amount by bank transfer to account 3192832103/0800 or using a QR code after the therapeutic meeting.